Thank you for showing an interest in our weeding and litter pick event!

This is such an important issue for us and are delighted that other people feel the same way as us about their environment.

Our goals for these events are to beautify the spaces we live in, protect local wildlife and promote curiosity around environmental issues and a sense of community spirit.

Litter pickers and bags will be provided but please bring with you:

- *Weather appropriate clothing layers, waterproof, sun hat etc.
- *Appropriate footwear comfortable, sturdy, good grip
- *Gardening/thick gloves
- *Hi viz vest
- *Water to stay hydrated
- *Sunscreen (even when it's cloudy)
- *Fully charged phone or a whistle for emergencies

We hope anyone who wants to participate will do, there will be accessible areas at each event but due to the nature of the task not all areas will be. Please get in touch with a committee member to discuss any accessibility accommodations.

We hope to include all generations in these events but until we get guidance on how best to safely include the whole family, it will be adult only. We will update as soon as we can on this!

As a community, we look out for each other, but we can only do that if we also look after ourselves. Be sure to keep everyone safe by keeping yourself safe with this checklist for the event:

- *I am not wandering too far from my group
- *The terrain I am traversing is appropriate for my abilities and I am wearing appropriate footwear for the task at hand
- *I am wearing appropriate layers for the weather
- *I am staying hydrated
- *I am being sun safe
- *I am aware of traffic at all times
- *I am wearing gloves when handling any litter or plants
- *I am not ingesting any plants, berries or fungi found during this event
- *I will alert someone if something doesn't feel right

If anything hazardous is found on the litter pick, please do not touch the item, stay with the item and alert a team lead.

Any other questions please get in touch!